

Suomen lähettämät artiklan 13 terveysväitteet, joista EFSA pyytää toimittamaan lisätietoa

Väitteet, joiden lisätietojen toimittamisesta Suomi yksin vastuussa.

Väitteet, joiden lisätietojen toimittamisesta Suomi vastuussa (leader), mutta joita ovat toimittaneet myös muut jäsenmaat. Jäsenmaat lähettävät kommentit Suomelle.

Väitteet, joiden osalta Suomi on mukana, mutta joista joku muu jäsenvaltio vastuussa lisätietojen toimittamisesta. Suomi lähettää kommentit vastuujäsenmaalle.

Ravintolisät merkitty kursivilla

ID Nr	REF. Nr	MS involved	Food	Health relationship	Example of wording	Stakeholder coding	EFSA Comments	EFSA Deadline
223	60640	<i>FI, UK</i>	<i>Boron as boric acid</i>	<i>Mental health</i>	<i>Boron supports the brain functioning</i>		3	<i>to be negotiated</i>
273	60641	<i>AT, DE, FI, IE, IT, UK</i>	<i>Iodine</i>	<i>Neurological/mental and cognitive development (including in-utero)</i>	<i>Iodine is needed/important for mental function; -Iodine plays a role in mental performance/ activity.</i>	84	1	<i>to be negotiated</i>
289	60688	<i>FI, UK</i>	<i>Silicon (as stabilized Oligomeric orthosilicic acid (OSA))</i>	<i>Cardiovascular health</i>	<i>Silicon is beneficial for cardiovascular health; Silicon supports the health of the cardiovascular system; Silicon helps to maintain the health of blood vessels</i>		3	<i>to be negotiated</i>
293	60696	UK, AT, FI, IE, IT	Zinc	Skin and wound healing	-Zinc is needed for healthy skin;	92	1	to be negotiated
345	60686, 60687	<i>FI</i>	<i>Silicon</i>	<i>Gut health</i>	<i>For stomach health. Sooths the stomach Protects the stomach's mucous membranes.</i>		3	<i>to be negotiated</i>

346	60934	FI	Mineral salt enriched with potassium and magnesium (57% sodium chloride NaCl, 28% potassium chloride, KCl, 12% magnesium sulphate MgSO ₄ x 7 H ₂ O)	Electrolyte and fluid balance	Removes fluid from the body.		3 and 4	to be negotiated
495	60842	UK, FI	Gamma-linolenic acid (GLA; C18: 3n-6/C18: 3?-6) provided by evening primrose oil and/or borage (starflower) oil.	Menstrual health	Precursor of prostaglandins and leukotrienes (eicosanoids), hormone-like regulators associated with many metabolic functions. Ensures adequate intake of PUFA that helps maintain a healthy attitude and temperament during the menstrual cycle.		3	to be negotiated
499	60843	UK, FI	Gamma-linolenic acid (GLA; C18: 3n-6/C18: 3?6) provided by evening primrose oil and/or borage (starflower) oil	Skin health	Helps maintain normal, healthy skin.		3	to be negotiated
501	60864	BE, AT, DE, FI, FR, IT, UK	Long chain Omega 3 fatty acids	Brain development, cognitive development and cognitive function	-Long chain omega 3 fatty acids contribute to mental and cognitive function	148	3	to be negotiated
509	60858	FI, UK	Omega	Heart health	Omega 3 fatty acids support a healthy heart.		3	to be negotiated

516	60831	NL, DE, FI, UK	Long chain omega-3 fatty acids EPA and DHA	Heart Health	<p>Long-chain omega-3 fatty acids EPA and DHA help maintain a healthy heart.</p> <p>Long-chain omega-3 fatty acids EPA and DHA are important for cardiovascular health.”</p> <p>Long-chain omega-3 fatty acids EPA and DHA help keep the heart and blood vessels healthy.</p>	3	to be negotiated
525	60840	UK, FI	Omega-3 fish body oil - PUFAs	Skin and digestive tract epithelial cells maintenance	<p>May help maintain a healthy digestive system</p> <p>Gentle on the stomach</p> <p>Appearance of skin, healthy looking skin, a part of your daily skin care routine, helps maintain a good complexion.</p>	3	to be negotiated
536	60836	UK, FI, FR, NL	EPA and DHA Omega-3 fatty acids	Mood	Omega-3 EPA and DHA support normal emotional wellbeing	3	to be negotiated
556	60708	FI, BE, UK	Soy protein	Control of cholesterol	<p>Soy helps to control cholesterol.</p> <p>25g soy protein daily as part of a diet with few saturated fatty acids helps to maintain healthy cholesterol levels.</p>	3	to be negotiated
557	60709	FI, UK	Soy protein + rye and/or flax lignants	Cardiovascular system	<p>Heart-friendly.</p> <p>Rye and flax protect the heart and blood vessels.</p>	1	to be negotiated

					<p>Rye and flax lignants protect the heart and blood vessels.</p> <p>Soy helps to reduce cholesterol.</p> <p>A daily 6.25 g dose of soy protein reduces cholesterol.</p>			
559	60712	FI	Fructose + dextrose	<p>Weight control</p> <p>Carbohydrate metabolism and insulin sensitivity</p>	<p>Low-calorie and filling snack.</p> <p>Slow carbohydrates prevent rapid changes in blood sugar.</p> <p>Slow carbohydrates help to keep blood sugar levels even for a long time.</p> <p>With no rapid drops in blood sugar people feel more satiated, due to which weight control is easier.</p> <p>Fibre-rich food is good for those wanting to lose weight.</p> <p>Fibre does not contain energy, but is filling.</p>		5	to be negotiated
560	60713	FI	Maltodextrin	Physical performance and condition	<p>Maltodextrin releases energy slowly and equally.</p> <p>Releases energy in stages and easily.</p>		3	to be negotiated
561	60848, 60939	UK, DE, FI, SK	Xylitol-sweetened chewing gum	Ears	<p>Xylitol is good for the health of ears.</p> <p>Maintains good health of the ears.</p>		3	to be negotiated

565	60829	FI, DE	DHA fatty acid	Mental state and performance	Supports brain and memory activity. <i>Fish oil capsules contain a lot of DHA fatty acids that are essential for the memory and brain activity.</i>	3	to be negotiated
567	60849	UK, FI, GR, SK	Plant stanol ester	Cardiovascular system	Contains plant stanols that effectively reduce cholesterol. Reduces effectively cholesterol levels Actively reduces cholesterol. Proven to reduce cholesterol. Clinically proven to reduce cholesterol. Lowers cholesterol. Reduces blood cholesterol. Lowers blood cholesterol. Reduces LDL (bad) cholesterol. For cholesterol management. Symbol included in the claim: Benecol (see previous)	1	to be negotiated
568	60850	FI	Plant stanol + omega-3 fatty acids	Cardiovascular system	Contains/enriched with plant stanol, which effectively reduces cholesterol. Omega-3 fatty acids are good for	1 and 3	to be negotiated

					the heart. Symbol included in the claim: Benecol (see previous)			
569	60853	FI	Berry seed oils (supercritical carbon dioxide extract)	Cardiovascular system	The essential fatty acids in berry seed oils balance fatty acid metabolism in the body. Berry seed oils support the health of the cardiovascular system.		3	to be negotiated
571	60855	FI	<i>Blackcurrant seed oil + special lecithin + GLA + ALA</i>	<i>Mental state and performance</i>	<i>1. Special lecithin contains fatty acids necessary for the brain in the right form (phospholipids).</i> <i>2. "Brain capsule"</i> <i>3. "Memory capsule"</i> <i>4. Gamma linoleic acid is an important preliminary stage of local hormones.</i> <i>5. Phospholipids are the building blocks of all cell membranes.</i> <i>6. The right lecithin compound for humans (Lecithin ex animalia).</i>		3	<i>to be negotiated</i>
572	60856	FI	<i>Blackcurrant seed oil (carbon dioxide extracted) + vitamin E.</i>	<i>Cardiovascular system</i>	<i>Blackcurrant seed oil increases HDL cholesterol levels.</i> <i>Blackcurrant seed oil reduces LDL cholesterol levels.</i> <i>Blackcurrant seed oil improves the HDL/LDL ratio.</i> <i>Blackcurrant seed oil supports</i>		1	<i>to be negotiated</i>

					<i>cardiovascular health by regulating fat metabolism and blood pressure.</i>			
573	60857	FI	<i>Blackcurrant seed oil (carbon dioxide extracted) + vitamin E.</i>	<i>Immunity</i>	<i>Blackcurrant seed oil regulates the immune response.</i> <i>Blackcurrant seed oil maintains and supports the body's normal defence system.</i>		3	<i>to be negotiated</i>
574	60865	FI	Omega-3 fatty acids	Nutrient tasks and interactions	Omega-3 fatty acids are essential for growth and development. Omega-3 fatty acids are an important part of the diet/nutrition.		1 and 3	to be negotiated
578	60873	FI	Flaxseed oil	Mental state and performance	Stabilises moods.		3	to be negotiated
579	60874 60875 60876 60877	FI	Flaxseed oil/alpha-linoleic acid	Cardiovascular system	Promotes heart health.		3	to be negotiated
582	60885	FI	<i>Sea buckthorn berry oil (cold-pressed)</i>	<i>Cardiovascular system</i>	<i>Healthy for the heart and blood vessels.</i>		3	<i>to be negotiated</i>
583	60886	FI	<i>Sea buckthorn berry oil (cold-pressed)</i>	<i>Liver</i>	<i>Protects the liver.</i>		3	<i>to be negotiated</i>
584	60887	FI	<i>Sea buckthorn berry oil (cold-pressed)</i>	<i>Skin</i>	<i>Healthy for the skin and mucous membranes.</i>		3	<i>to be negotiated</i>
585	60888	FI	<i>Sea buckthorn berry oil (cold-pressed)</i>	<i>Gut health</i>	<i>Healthy for the stomach.</i> <i>Protects the gut.</i>		3	<i>to be negotiated</i>
586	60889	FI	<i>Sea buckthorn berry oil (cold-pressed)</i>	<i>Immunity</i>	<i>Strengthens immunity.</i>		3	<i>to be negotiated</i>
587	60891	FI	<i>Sea buckthorn berry oil (standardised mixture of carbon dioxide extracted sea buckthorn seed oil and pulp oil) + sea buckthorn flavonoids + vitamin E</i>	<i>Cardiovascular system</i> <i>Immunity</i>	<i>Flavonoid extract produced from sea buckthorn oil and berry contains omega fatty acids that are essential for the body, natural vitamins, antioxidants, flavonoids and plant sterols that combine to promote the</i>		3 and 4	<i>to be negotiated</i>

					<p>health of the heart and body and immunity.</p> <p>Sea buckthorn oil and flavonoid extract have a beneficial effect on heart health and activity in addition to promoting blood circulation in the brain and heart.</p>			
589	60893	FI	Sea buckthorn seed oil and pulp oil	Mucous membranes	<p>Sea buckthorn seed and pulp oil nourish the mucous membranes and help to maintain their normal structure and functioning.</p> <p>Sea buckthorn seed and pulp oil moisturise dry mucous membranes.</p> <p>Sea buckthorn seed and pulp oil strengthen and protect the mucous membranes of the stomach.</p>		3	to be negotiated
590	60894	FI	Sea buckthorn oil	Skin	For skin health / well-being.		3	to be negotiated
703	60872	IT, DE, FI, HU, UK	Long chain Omega 3 fatty acids (EPA/DPA/DHA)	Cardiovascular/ heart health	<p>-a diet rich in long chain omega 3 fatty acids keeps the arteries healthy;</p> <p>-a diet rich in long chain omega 3 fatty acids promotes a healthy heart.</p>	149	3	to be negotiated
764	60733	FI, DE, NL, UK	Galacto-oligosaccharides	Immune support and immune health	<p>Energises your immunity boosting bacteria</p> <p>Helps boost your body's self defence</p>		3	to be negotiated
784	60770, 60775	FI, BE, DE, UK	Polydextrose	Improves the bowel function	<p>- polydextrose promotes good intestinal health;</p> <p>-polydextrose improves bowel function and gut comfort;</p>	181	3	to be negotiated
819	60763	FI	Barley grain fibre	Gut health	Promotes gut functioning.		3	to be negotiated
821	60765, 60766	FI	Barley grain fibre	Carbohydrate metabolism and insulin sensitivity	Stabilises sugar metabolism.		3	to be negotiated

822	60750	FI	Oat grain fibre	Gut health	Promotes gut's functioning.		3	to be negotiated
824	60752 60788	FI	Oat grain fibre	Carbohydrate metabolism and insulin sensitivity	Stabilises sugar metabolism.		3	to be negotiated
825	60805	FI	Rye grain fibre	Gut health	Promotes gut activity.		3	to be negotiated
827	60807	FI	Rye fibre	Cardiovascular system	Helps to maintain healthy cholesterol level. Brand name which contains the claim: Sydänystävä 'Friend of the heart'.		1	to be negotiated
828	60822	FI	Wheat grain fibre	Gut health	Promotes gut activity.		3	to be negotiated
830	60824	FI	Wheat grain fibre	Carbohydrate metabolism and insulin sensitivity	Balances sugar metabolism.		3	to be negotiated
831	60817	FI	Wholegrain	Gut health	Promotes gut activity.		3	to be negotiated
833	60820	FI	Whole-grain	Carbohydrate metabolism and insulin sensitivity	Balances sugar metabolism.		3	to be negotiated
905	60904	FI, DE, UK	Lactobacillus reuteri ATCC 55730	Natural defence	- probiotic -helps to strengthen the natural defences; -helps to support the natural defences; -helps to support the body's defences; -helps to strengthen the body's defences.	249	3	to be negotiated
909	60909 60912	UK, FI	Lactobacillus rhamnosus ATCC53103 (LGG®)	Natural defence, immune response	- probiotic -LGG® support/enhances body's natural defence systems; -LGG® supports/enhances natural immune response; -LGG® - Natural defence.	250	3	to be negotiated

1056	60903	FI	<i>Lactobacillus acidophilus</i> , <i>Lactobacillus paracasei</i> , <i>Lactobacillus rhamnosus</i> and <i>Bifidobacterium lactis</i> lactic acid bacteria	Immunity	<i>Supports the body's own defence mechanism /immunity</i> <i>Maintains natural defence mechanism /immunity</i> <i>Helps strengthen natural immunity</i> <i>Probiotic</i>		3	to be negotiated
1058	60913	FI	<i>Lactobacillus rhamnosus</i> GG + <i>Lactobacillus</i> <i>rhamnosus</i> Lc705 + <i>Propionibacterium</i> <i>freudenreichii</i> subsp. <i>shermanii</i> JS + <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> Bb-12	Gut health	Calms a stressed stomach		3	to be negotiated
1101	60933	FI, FR	<i>Coffea arabica</i> L. and other spp (Common Name: Coffee)	Mental and physical stimulant effect	-Cognitive and physical performance	265	3	to be negotiated
1102	60929	GR, DE, FI	Tea & coffee	Hydration, eg. body function, physical and cognitive performance	- tea and coffee contribute to maintain your fluid balance; -good hydration ensures optimal mental and physical performance; -coffee contributes to maintain your fluid balance; -tea is an important source of fluid in the diet;	262	3	to be negotiated
1122	60927 60955 60957	FI, UK	Food with a reduced glycemic response	Improved blood glucose control	Due to its (modified) carbohydrate composition, this food has a lower blood glucose and insulin response; This food has a [x%] lower impact on blood sugar levels than comparable foods and thus helps to maintain more steady blood sugar		4	to be negotiated

					levels graphical presentations of blood glucose response curves]			
1125	60936	DE, AT, FI, HU	Cranberry (Lingonberry) juice, (<i>Vaccinium vitis- idaea</i> , <i>Vaccinium macrocarpon</i>)	Urinary tract	-Cranberry juice helps to keep the urinary system in a healthy condition; -Lingonberry juice has a positive effect on the urinary tract; -Cranberry juice has a beneficial effect on the urinary system.	266	3	to be negotiated
1160	60923	FI, UK	Honey	Digestive health through presence of fructooligosaccharides and antioxidant phytochemicals.	Helps support and maintain a healthy digestive system.		3	to be negotiated
1167	60954	FI, UK	Foods in general, in particular confectionery, soft drinks, water-ice, chocolate-type products, table-top sweeteners and certain foods for a particular nutritional use.	Foods which under typical conditions of use are neither cariogenic nor erosive, help maintain healthy teeth and are, therefore, toothfriendly.	Toothfriendly [pictorial claim]		4	to be negotiated
1176	60918	FI	Energy, protein, dietary fibre (polydextrose)	Weight control	Low energy products with plenty of protein and fibre, help in weight control. The products help in weight control because they replace high energy products. The products are suitable as part of weight control programmes.		4	to be negotiated
1178	60948	FI	Breads with salt content of <0.7%	Cardiovascular system	Helps to control blood pressure.		4	to be negotiated
1180	60939	FI	Xylitol-sweetened chewing gum	Ears	Xylitol is good for the health of ears. Maintains good health of the ears.		3	to be negotiated

1183	60934	FI	Mineral salt enriched with potassium and magnesium (57% sodium chloride NaCl, 28% potassium chloride, KCl, 12% magnesium sulphate MgSO4 x 7 H2O)	Electrolyte and fluid balance	Removes fluid from the body.		3	to be negotiated
1247	61061	FI	Propolis	Gut health	Soothes the stomach and gut.		3	to be negotiated
1304	60929	HU, FI, IT, UK	Hard cheese (Ca-rich)	Dental health	-hard cheese plays a role in dental health; -hard cheese chewed after meals helps to minimize dental erosion; -hard cheese chewed after meals and snacks helps to maintain healthy teeth; -hard cheese chewed after meals and snacks helps reducing the risk of tooth decay.	299	3	to be negotiated
1416	60759	UK, DE, FI	Rich in dietary fibre	Weight management	-diets high in fibre help control your weight.	325	1	to be negotiated
1471	61081	FI, UK	Bioflavonoids from citrus	Vascular health	helps to maintain healthy venous circulation	346	3	to be negotiated
1472	61046	HU, DE, FI, NL, UK	Bovine colostrum	Immune health/source of immunoglobulins	Optimises the natural defense system in healthy persons	347	3	to be negotiated
1479	61135	FI, AT, DE, UK	Bromelain	Immune health	Contributes to the normal functioning of the immune system -helps maintain the body's natural defences	350	3	to be negotiated
1500	60977	FI, UK	Chlorella	Immune health	Enhancement of vitality-energy	365	2 and 3	to be negotiated
1508	61096	UK, AT, DE, FI, NL	Coenzyme Q10 (Ubiquinone);	Energy metabolism	Supports energy production -is needed/important for energy production in the cell -plays an important role in the ATP production to maintain healthy condition -is needed/important for the energy	370	3	to be negotiated

					<i>metabolism and the transformation of food into physiological</i>			
1598	61091, 61092	FI, SK, UK	L-theanine	Relaxation	-help relaxation without drowsiness. -Stress relief. -Physical stress relief. -Relax from fatigue. -Support relation for optimal mental and physical well-being.		3	to be negotiated
1607	61043	NL, FI, IT, UK	Lycopene	Skin health	Contributes to the maintenance of healthy skin when exposed to sun light. (Avoid sunburns by using an effective sun screen. Lycopene is not a replacement for sun screens)	405	3	to be negotiated
1610	61039, 61040	UK, FI	Lycopene	Heart health	Helps to maintain a healthy heart/contributes to maintain a healthy cardiovascular system/contributes to protect the arteries from narrowing and hardening/contributes to keep the arteries healthy/helps to maintain a normal blood flow	409	3	to be negotiated
1633	60993	FI, UK	Phospholipids (Phosphatidyl choline, Phosphatidyl ethanolamine, Phosphatidyl inositol, Lysophosphatidyl cholin)	Liver health	Contributes to the normal functioning of the liver	420	3	to be negotiated
1659	61090	FI	Taurine	Cognitive function/Mental health	-Helps physical and mental performance in cases of temporary stress	442	3	to be negotiated
1787	60964, 60965	FI	Anthocyanidines + proanthocyanidines	Cardiovascular system	Good for the cardiovascular system.		3	to be negotiated
1788	60966	FI	Anthocyanidines + proanthocyanidines	Blood fat levels	Can help to normalise blood fat levels.		3	to be negotiated
1790	60968	FI	Anthocyanidines + proanthocyanidines	Gut health	For stomach health.		3	to be negotiated

1791	60969	FI	Anthocyanidines + proanthocyanidines	Eyes	Especially for the eye health of older people.		3	to be negotiated
1792	60970	FI	Beta-glucan (WGP)	Immunity	For immunity. Strengthens immunity.		3	to be negotiated
1793	60971	FI	Beta-glucan + olive leaf extract	Immunity	Supports the body's own defence mechanism / immunity Maintains natural defence mechanism / immunity Helps strengthen natural immunity		3	to be negotiated
1795	61003	FI	Buffering salts (calcium carbonate + magnesium oxide)	Gut health	Calms the stomach. In combination with the following sentence * Xylitol chewing gum for post-meal gastric acid attack. (or) * Xylitol gum with a fast and long-lasting neutralising effect on gastric acids. Chewing calms your stomach. In combination with the following sentence: * Xylitol chewing gum for post-meal gastric acid attack. (or) * Xylitol gum with a fast and long-lasting neutralising effect on gastric acids. Fast and long-lasting calming effect on your stomach. In combination with the following sentence		4	to be negotiated

					<ul style="list-style-type: none"> * Xylitol chewing gum for post-meal gastric acid attack. * Calms the gastric acid attack * For gastric acid attack * Balances the gastric acids * Fast and long-lasting 			
1798	60975	FI	<i>Chlorella algae (Chorella pyrenoidosa)</i>	<i>Liver</i>	<i>For liver health.</i>		3	<i>to be negotiated</i>
1807	61053	FI	<i>Flaxseed husk extract/lignans</i>	<i>Sexual organs and/or hormone activity</i>	<i>For hormone activity regulation.</i> <i>Beneficial for the prostate.</i>		3	<i>to be negotiated</i>
1809	61054	FI	<i>Flaxseed husk extract/lignans</i>	<i>Cardiovascular system</i>	<i>Promotes heart health.</i> <i>To protect the heart.</i>		3	<i>to be negotiated</i>
1811	61013	FI	<i>Floral pollen + fermented pollen + Royal Jelly</i>	<i>Mental state and performance</i>	<i>Stimulating/stimulates.</i> <i>Invigorating.</i> <i>Mood-raising.</i> <i>Reduces restlessness.</i> <i>Improves concentration.</i>		3	<i>to be negotiated</i>
1812	61016	FI	<i>Floral pollen + fermented pollen + Royal Jelly</i>	<i>Immunity</i>	<i>Makes the body's immunity more effective.</i>		3	<i>to be negotiated</i>
1814	61101	FI	<i>Herbal yeast plasmolytate (saccharomyces cerevisiae)</i>	<i>Absorption of nutrients</i>	Promotes the absorption of nutrients. Helps the body utilise nutrients obtained from food more effectively.		3	<i>to be negotiated</i>
1815	61102	FI	<i>Herbal yeast plasmolytate (saccharomyces cerevisiae)</i>	<i>Physical performance and condition.</i>	<i>Improves performance.</i>		3	<i>to be negotiated</i>

1817	61104	FI, (UK)	Herbal yeast plasmolytate (saccharomyces cerevisiae)	Immunity	Strengthens the body's defence system. Increases immunity	3	to be negotiated
1819	61034	FI	Lactium-peptide compound	Mental state and performance	Regulates stress hormone secretion. Stabilises vital functions during stress.	3	to be negotiated
1820	61025	FI	L-arginine hydrochloride	Physical performance and condition	Power for muscles. Increases nitric oxide production.	3	to be negotiated
1821	61026	FI	L-carnitine	Energy metabolism	Makes energy metabolism more effective. Protects cell energy metabolism. Reduces changes in energy metabolism caused by ageing.	3	to be negotiated
1825	61032	FI	L-carnosine	Skin	Against skin ageing. Protects cells from ageing.	3	to be negotiated
1826	61033	FI	L-carnosine	Cardiovascular system	For a healthy heart.	3	to be negotiated
1827	61042	FI	Lycopene	Eyes	Good for the eye health of older people.	3	to be negotiated
1829	61072	FI	Mycelium, biologically activated (contains ACHH, active hemicellulose compound)	Immunity	For immune protection. Makes the body's immune system more effective.	3	to be negotiated
1830	61073	FI	Mushroom extract + apple polyphenol	Mouth, respiratory passages	Effectively removes the odour of e.g. garlic, tobacco and alcohol. Helps to freshen the bad odour caused by illness or medicines. Helps to remove unpleasant odours from the source, not does not just	1	to be negotiated

					<p>mask them.</p> <p>Prevents the activity of odoriferous bacteria in the mouth and digestive system.</p> <p>Removes odours ensuing from sulphur compounds.</p> <p>Freshens the breath.</p> <p>Symbol included in the claim: The picture shows the side profile of a person with "fresh" pale blue breath coming from the mouth.</p>			
1836	61074	FI	Pollen	Mental state and performance	<p>Pollen contains a lot of vitality substances.</p> <p>Increases vigour, vitality and alertness.</p>		3	to be negotiated
1837	61075	FI	Pollen + Royal Jelly	Sexual organs and/or hormone activity	<p>Balances hormone activity.</p> <p>For menopausal women.</p>		3	to be negotiated
1838	61048	FI	Royal Jelly + pollen	Immunity	<p>Supports the body's own defence mechanism / immunity.</p> <p>Maintains the natural defence mechanism / immunity.</p> <p>Helps to strengthen natural immunity</p>		3	to be negotiated
1842	61064	FI	Protease, lipase and other enzymes that break down carbohydrates	Digestion	<p>Promotes digestion</p> <p>The preparation's enzymes break down proteins.</p> <p>A food supplement containing protease enzymes is particularly recommended</p>		3 and 4	to be negotiated

					<i>after heavy meals and, as the years pass, to complement the weakening secretion of enzymes that break down proteins.</i>			
1843	61065	FI	<i>Psyllium fibre + dried herbs</i>	<i>Metabolism</i>	<i>Activates the metabolism.</i> <i>Activates secretive organs.</i> <i>Promotes the secretion of waste products from the body.</i>		3	<i>to be negotiated</i>
1844	61017	FI	<i>Quercetin</i>	<i>Cardiovascular system</i>	<i>For cardiovascular health.</i>		3	<i>to be negotiated</i>
1845	61018	FI	<i>Quercetin</i>	<i>Mental state and performance</i>	<i>For the health of the nervous system and the brain.</i>		3	<i>to be negotiated</i>
1846	61020	FI	<i>Quercetine</i>	<i>Liver, kidneys</i>	<i>For liver and kidney health.</i>		3	<i>to be negotiated</i>
1847	61066	FI	<i>Red rice + folic acid + vitamin B6 + vitamin B12</i>	<i>Cardiovascular system</i>	<i>Heart-friendly.</i> <i>Promotes heart health.</i> <i>Helps to maintain good cardiovascular health.</i> <i>Good for the heart.</i>		3	<i>to be negotiated</i>
1848	61067	FI	<i>Red rice + folic acid + vitamin B6 + vitamin B12</i>	<i>Cardiovascular system</i>	<i>Helps to control cholesterol.</i> <i>Has a beneficial effect on lipid metabolism.</i> <i>Decreases the formation of cholesterol in the body.</i>		4	<i>to be negotiated</i>
1849	61068	FI	<i>Resveratrol</i>	<i>Cardiovascular system</i>	<i>For cardiovascular health.</i>		3	<i>to be negotiated</i>
1851	60994	FI	<i>Shark liver oil/alkylglycerol</i>	<i>Immunity</i>	<i>Strenthens immunity.</i>		3	<i>to be negotiated</i>
1854	60997	FI	<i>Shark cartilage, powder and extract</i>	<i>Immunity</i>	<i>Supports the immune response.</i>		3	<i>to be negotiated</i>

1855	60999	FI	<i>Shark cartilage + greenshell mussel</i>	<i>Joints</i>	<p><i>Supports joint functioning.</i></p> <p><i>For joint health.</i></p> <p><i>Supports joint well-being</i></p>		4	<i>to be negotiated</i>
1856	61000	FI	<i>Shark cartilage – crustacean extract</i>	<i>Hair</i>	<p><i>Makes hair grow.</i></p> <p><i>Makes hair grow and strengthens it.</i></p> <p><i>Reduces hair loss.</i></p> <p><i>Improves the nutrient supply for hair glands – supports hair gland activity – the hair gland becomes stronger – growth of new hair recovers.</i></p>		4	<i>to be negotiated</i>
1859	61082	FI	<i>Soy isoflavones + lycopene + zinc + selenium + vitamin D + vitamin E + vitamin C</i>	<i>Sexual organs and/or hormone activity</i>	<p><i>Good for the prostate gland.</i></p> <p><i>A carefully considered combination of important isoflavones, vitamins and minerals for men's well-being.</i></p> <p><i>Name of symbol included in the claim: MenBalans®</i></p>		3	<i>to be negotiated</i>
1860	61084	FI	<i>Soy + magnesium + calcium + zinc + manganese + copper + vitamin B6 + vitamin D + vitamin K</i>	<i>Bone</i>	<p><i>Strong bones.</i></p> <p><i>The best for your bones.</i></p> <p><i>Good ageing.</i></p> <p><i>The soy flavones and mineral substances, calcium, magnesium, zinc, manganese and copper, together with vitamins B6, D and K protect the bones.</i></p>		4	<i>to be negotiated</i>

					Name or symbol included in the claim: <i>Osteobalans®</i>			
1861	61083	FI	Soy isoflavones + Royal Jelly	Immunity	Supports the body's own defence system/immunity Maintains natural defence mechanism / immunity Helps strengthen natural immunity		3	to be negotiated
1862	61086	FI	Soy isoflavones + Royal Jelly	Sexual organs and/or hormone activity	Balances hormone activity. For menopausal women. Phytoestrogen.		3	to be negotiated
1863	61087	FI	Soy isoflavones + Royal Jelly / Royal Jelly + pollen	Mental state and performance Physical performance and fitness	Contributes to good physical condition. Maintains vigour and vitality. Helps to maintain good physical and mental condition.		3	to be negotiated
1864	61088	FI	Sugar cane extract	Cardiovascular system	Increases beneficial HDL cholesterol. Beneficial for the heart and blood vessels.		1	to be negotiated
1866	61011	FI	Xylitol + fluorine + calcium carbonate + disodium hydrogen phosphate	Mouth, teeth	Strenthens and renews tooth enamel. Stops/interrupts acid attacks. Increases weakened saliva secretion.		4	to be negotiated
1990	61201	FI, DE, PL, UK	<i>Alium sativum</i> (aged garlic) (Common Name : Aged garlic)	Immune health	Contributes to normal immune function	457	3	to be negotiated

1993	61200	FI, PL, UK	<i>Allium sativum</i> (aged garlic) (Common Name: Aged garlic)	Stress	Contributes to the resistance against temporary stress	455	3	to be negotiated
1994	61202	FI, PL, UK	<i>Allium sativum</i> (aged garlic) (Common Name : Aged garlic)	Liver health	Helps to maintain a healthy liver function	456	3	to be negotiated
2029	61136	PL, AT, FI, LU, UK	<i>Cucurbita pepo</i> (Common Name : Pumpkin)	Health of lower urinary tract	Maintenance of good bladder function and urinary flow/good for normal prostate function	535	3	to be negotiated
2038	61172	LU, BE, FI, PL, UK, IT	<i>Crocus sativus L.</i> (Common name : Synonym : <i>C. officinalis Martyn</i>)	Mental health	-Contributes to emotional balance; -Helps to support the relaxation -Helps to maintain a positive mood.	534	3	to be negotiated
2071	61220	BE, AT, FI, PL, UK	<i>Ilex paraguariensis</i> (Common Name : Yerba mate)	Invigoration of the body	helps to strengthen the body /helps you feel more energetic /has stimulating and tonic properties that contribute to the resistance against mental and physical fatigue	609	3	to be negotiated
2134	61150	AT, DE, FI, LU, PL, UK	<i>Sambucus nigra</i> (Common Name : Elder)	Immune health	Support of the body's defence /Helps to supports the immune system	714	3	to be negotiated
2148	61187	AT, FI, FR, PL, UK	<i>Salvia officinalis</i> (Common Name : Sage)	Menopause	Contributes gto menopausal comfort/hyperhidrosis	705	3	to be negotiated
2153	61129	BE, AT, FI, FR, LU, PL, UK	<i>Vaccinium macrocarpon, oxycoccus</i> (Common Name : Cranberry)	Health of the lower urinary tract	Helps to maintain the health of the urinary system /contributes to urinary tract health /has a beneficial effect on the urinary system /canneberge or <i>Vaccinium macrocarpon</i> by concentrated juices, by food supplements and a juice cocktail/nectar)	756	3	to be negotiated
2172	61119, 61120	HU, AT, DE, FI, PL,	<i>Zingiber officinale</i> (Common Name : Ginger)	Digestive health	Helps to support the digestion/contributes to the normal	773	3	to be negotiated

		UK			function of intestinal tract/contributes to physical well being/contributes to the normal functioning of the stomach in case of early pregnancy			
2569	61214	LU, FI	Pissenlit racine	Métabolisme des glucides Hypoglycémiant, soigne les pancréatites	Participe au contrôle de la glycémie Aide à maîtriser le taux de sucre		6	to be negotiated
2793	61105	FI	Alfalfa	Cardiovascular system	May help to reduce LDL cholesterol. For cardiovascular health.		1	to be negotiated
2797	61156	FI	Bilberry + pine bark	Cardiovascular system	Good for the circulation.		3	to be negotiated
2799	61158	FI	Bilberry + pine bark	Eyes	For tired, strained eyes.		3	to be negotiated
2801	61160	FI	Bilberry + pine bark	Carbohydrate metabolism and insulin sensitivity.	Blood sugar balance.		3	to be negotiated
2802	61125	FI	Camomile extract	Skin	Soothes the skin.		3	to be negotiated
2804	61193	FI	Garlic	Immunity	Supports the body's own defence system/immunity Maintains natural defence mechanism /immunity Helps strengthen natural immunity		3	to be negotiated
2806	61121	FI	Ginger	Muscles	For the muscles.		3	to be negotiated
2810	61211	FI	Grain extract, CO2 extracted (Avena sativa, Hordeum vulgare)	Skin	Can be used to maintain skin health.		3	to be negotiated
2811	61113	FI	Grapefruit oil water emulsion (Limonene monoterpene, Citrus Grandis)	Gut health Immunity	The bioflavonoids and glycosides of grapefruit oil help to maintain gut health. The gut is the most important part of our immune defence, system and therefore one should take good care of		3	to be negotiated

					<i>it.</i> <i>An efficacious gut cleanser.</i> <i>Has a beneficial effect on immunological protection.</i>		
2813	61208	FI	Green tea extract	Mouth	Improves oral hygiene.	3	to be negotiated
2814	61209	FI	Green tea, green tea extract	Cardiovascular system	For heart health.	1 and 3	to be negotiated
2818	61149	FI	Ivy shoot (fresh) + thyme (fresh) + liquorice root (dried)	Respiratory passages	Good for the respiratory tract.	3	to be negotiated
2822	61171	FI	Olive leaf extract + monoester of lauric acid + Melissa extract	Immunity	<i>Supports the normal activity of the body's defence system.</i> <i>Helps to maintain the body's internal cleanliness.</i> <i>Makes defence more effective as it takes the strain temporarily.</i>	3	to be negotiated
2824	61174	FI	Oregano oil (Oreganum vulgare)	Gut health	For stomach and gut health.	3	to be negotiated
2825	61176	FI	Papaya	Digestion	<i>Supports pancreas activity and protein break-up.</i> <i>Papaya breaks down proteins and relieves after a heavy meal and when traveling in areas with different food hygiene.</i> <i>The papain enzymes in papaya break down proteins and activates digestive enzymes.</i>	3	to be negotiated

2826	61180	FI	Peppermint (<i>Mentha x piperita</i>) + garden angelica (<i>Angelica archangelica</i>) + nettle (<i>Urtica dioica</i>) + roseroot (<i>Rhodiola rosea</i>)	Mental state and performance	Herbs invigorate. They have a comprehensive invigorating effect on the body and mind.		3	to be negotiated
2828	61138	FI	<i>Pine shoot (fresh) + sundew (fresh) + ivy (fresh)</i>	<i>Respiratory passages</i>	<i>For the health of the respiratory tracts</i>		3	<i>to be negotiated</i>
2833	61205	FI	<i>Wheat sprouts</i>	<i>Eyes</i>	<i>For eye health.</i>		3	<i>to be negotiated</i>
2834	61218	FI	<i>Yerba mate extract (Ilex paraguarensis)</i>	<i>Cardiovascular system</i>	<i>Protects the heart and blood vessels.</i>		3	<i>to be negotiated</i>